

Subprogramme „Grundtvig“

Senior Volunteering projects
Learning partnerships



Started projects
2010

Senior Volunteer Exchange in Long-term Care Setting

Target group:

Staff of homes for the elderly in Levski village, Suvorovo municipality and Druskininkai, Lithuania; volunteers who have interest in social work and in the development of competencies in assisting jobs – young people and senior volunteers; family members of elderly people who use the services of the homes for the elderly, participating in the project; elderly people who participate in social activities in the 2 homes for the elderly, without living there on a long-term basis.

Project Summary:

PROJECT AIMS – to contribute to the active participation of senior people, aged 55 plus in the life of the community by giving them the opportunity to be included in a volunteering program in the partner country and, after the end of the volunteers' placements – to inform their colleagues/partners; to provide a common platform for exchange of good practices in the management of homes for the elderly and above all – to provide even more opportunities for the elderly people to participate in life-long learning processes – while working in the partner countries volunteers will acquire more social and linguistic competencies, will use their experience in assisting jobs, will acquire new knowledge of the life of the elderly people in countries with similar and yet specific historic backgrounds; BENEFITS – contributes towards cultural diversity, sharing and mobility of volunteers from assisting jobs, provides a ground for exchange of good practices in assisting jobs.

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Senior Environmentalists

Target group:

Kids from local kindergartens /4 - 6 years old/ –implementation of educational modules devoted to the popularization of environmental problems and cultivation of proper attitude, protecting nature; Students from local schools /7 -19 years old/, their parents and grandparents – implementation of “Seniors on bicycle” afternoon; organisation of public events which attract community’s attention to environmental problems, their importance for human health of present and future generations. – Local people in the town of Lovech – through popularization of bicycles as one of the alternative ways of movement; dissemination of promotional ecological materials in a colourful tent, which will be organized in the central part of the town.

Project Summary:

“Senior Environmentalists” Project is directed at active adults’ 50+ participating in initiatives related to active citizenship and the establishment of sustainable development’s principles in two European cities – Lotz, Poland and Lovech, Bulgaria. The main goal is to increase the volume of cooperation between them by supporting each other in the exchange of 10 senior volunteers who will actively participate in the preparation and implementation of ecological events and activities in the local communities (for the Day of the Earth and the World Day without Cars). They will also play a role in educational and colourful workshops for children which promote respect for nature. In this way local partnerships in both regions will be consolidated and local institutions’ interest in seniors will be provoked (different NGOs, local authorities, private organisations).

Specific objectives of the Project are: **1.** To improve active citizenship and the quality of non-formal education by improving seniors’ specific skills (mostly organizational and educational). **2.** To exchange innovative methods and techniques between two participating organisations from Poland and Bulgaria in dealing with environmental activities. **3.** To foster intergenerational dialogue by offering possibilities for direct educational exchange between seniors and young adults, and young adults and children. **4.** To promote the transnational experience and mobility amongst senior citizens thanks to the peer multiplier effect. **5.** To support the volume of international mobility of individuals from Lovech and Lodz. District who have less opportunities to travel. Within the project framework 10 Bulgarian and Polish Volunteers 50+ will implement similar activities in both countries related to environmental and ecological education.

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Creative Learning Approaches For People With Disabilities Using Intercultural Events And Environments CLINTEV

Target group:

Adults of 18+ years with moderate mental and/or different types of disabilities

Project Summary:

This project is based on research findings and aimed at the experience of the project partners which shows that cultural events have an important contribution to the development of basic skills of people with moderate mental or multiple disabilities. The development of informal learning sessions within cultural events can help adults with moderate mental and/or other types of disabilities to learn basic skills and in particular communication ones. These should help them lead more independent lives, improve their literacy or innumeracy, further the success of gaining employment or enter further education. An European intercultural community is intended to be created within this project and it will be supported with the use of a platform based on the Open Source Virtual Learning Environment Model. This intercultural community will contribute to the integration of people with disabilities in social life by an improved communication environment and by improvement of their education. The community will be used by the project's partners to communicate and to develop common learning resources during the duration of the project and after it. The experience of the project partners shows that cultural events have an important contribution to the development of basic skills of people with moderate mental or multiple disabilities. Cultural events in some partner countries will be organized to motivate both people with disabilities and those without disabilities to contribute to their care and welfare. It is also planned to bring people from a partner country to an event organized by another partner country. Each cultural event will contain a sequence in English together with a training sessions in the native language.

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Toys Of My Grandparents

Target group:

Teachers and learners over 50 years

Project Summary:

This project aims at improving an educational pathway for ageing population in Europe with the cooperation of adult education providers within the EU. With an innovative pedagogical approach the partner organisations try to build an inter-generational bridge for the social integration of active seniors and young people to implement the best practices among countries in the EU. This project focuses on seniors over 50 years and encourages them to re-create their own period toys on computer based platforms. The courses which we called “Toys integrated ICT skills” not only make them acquire the skills to improve their self esteem but also make them feel useful to today’s society. Toys have always been one of the most valuable cultural elements in previous generations though they’ve been replaced with today’s technological entertainment elements. That is why the participants in this project find the most representative toys of their country and culture. These toys are integrated into the common curriculum of every partner organisation holding “Toys integrated ICT course”. Many of the products of the project such as the project’s logo, toys presentations on power point, painting of toys, etc. are created by the adult learners right after they complete their ICT courses. Every partner meeting will include a transnational exhibition, a fair for adult learners who will present their toys with the help of the computer skills they gained. Learners and young people will also play with the original toys during the exhibitions to create a strong cultural generation bridge.

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Threads That Connect Us

Target group:

10 women at the age of 26 to 55 years

Project Summary:

In this partnership a group of participants from partner countries collect documentary material for traditional crafts to make a film about traditional textile crafts as part of the everyday life of artisans in the past and now. The target groups of partner countries capture local craftsmen at their work, conduct interviews, and discuss issues of traditional crafts.

The goal of the project is to produce a film and collect documentary material on traditional textile handicraft and at the same time to create a close relationship based on cooperation in a common project between persons of the younger and the older generation. Some of the partners held workshops for textile arts. Another group of the partners work on the project website where we publish a variety of materials for crafts.

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The memories of the elderly help us build our present

Target group:

1. Elderly people who were born before or soon after the Second World War who keep memories and artefacts about the way of life, culture and values of the oldest (for the moment) generations in Europe;
2. Young people, who want to take part in the discussion about “the best of the past” from the present point of view;
3. College students who are motivated to take part in a wider European research on the memories of the style of living, fashion, culture, education, family traditions in their countries;
4. Researchers of the family and cultural memory who are ready to make experiments with methodology in an intercultural environment and to exchange experiences;
5. Teachers.

Project Summary:

The specific Objectives and the expected results are: • to create areas of reflection that lead to awareness of the importance of our past, to respect it and value it. • to promote intercultural understanding and a taste for diversity by exchanging information and experience on a direct and personal level and by providing language learners the opportunity to visit each other's countries. • to improve awareness of national differences in the social customs by doing research in the participants' countries. This will be visualised through internet publications in Wiki, booklets and a final Decalogue. • to acknowledge the fact that our present realities are the result of a historical evolution and therefore to understand our present it is necessary to analyse our past. • to investigate our immediate past through interviews with our elderly people. • to establish analogies, differences and sequences between the way of living (clothes, children's games, songs, education, jobs, customs, etc. . .) of our immediate past and present. • to compare and value the results from the different countries verifying and respecting the cultural differences. • to analyse the changes, appreciating what can be considered as an improvement and what we have lost with the passage of time. • to collect stories from our past for a final Decalogue for further dissemination of the project's results and methods in the broader field of adult learning. • to develop and improve basic skills such as using a foreign language and ICTs as the main means of communication among participants.

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Theoretical And Practical Transfer Of Intercultural Learning In Europe

Target group:

Specialists and active people in the field of intercultural exchange

Project Summary:

The main goal of the project is to improve the level of knowledge in the field of intercultural learning projects conducted in the partner countries. The final products of the project – a web site, a manual for intercultural exchange and a short film about the specifics of the communication between the communities in the different countries – will be useful not only for the participating organizations in the project but also for the other who are active in this sphere of activities. Other objectives are creating a team for each organization specialized in intercultural learning and sharing good practices between the organizations which could be adapted and carried out in other places. The impact of the project is on different levels.

On the level of the organizations this project gives opportunities for direct communication with the partner organizations through the meetings held in the offices of each organization and allows to learn in detail about their activities on one hand and– to generate ideas for future partner projects on the other.

On the level of local society the project is helpful with the contacts made with different communities and outer organizations. This way a network of contacts is built on the basis of the idea of better communication and exchange between the different communities.

On personal level each of the participants obtains invaluable knowledge and experience through the direct contact with representatives of groups with different culture and through the discussions with specialists in the sphere of intercultural learning.

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La pédagogie par l'action pour valoriser les savoir faire artisanaux et agricoles à haute valeur ajoutée environnementale

Target group:

NGO, working with high environmental added value professions, professionals - farmers, artisans, future teachers

Project Summary:

Numerous artisans and farmers across Europe are engaged in various practices and the know-how of high environmental value added production of beauty bio-products, baking of home-made bread in wood fired ovens, construction of houses from clay and straw, making cheese from raw milk. All this contributes substantially to the relocation of the economy. These occupations of the future possess an extremely high potential for development and open opportunities for employment hindered by fast delocalisation.

The project encompasses - exploration of the abilities and skills required for professionals (Learners) to be able to transmit their know-how within the framework of an active pedagogical methods, to encourage prevailing interest in these occupations amongst young people and employment-seekers. Formalizing the methodology common to all 4 partners (4 countries) raising the qualification of the professionals at the pedagogical level and testing it in the framework of the project using the French example as a basis for work.

- Development of the first European network of guardians in order to facilitate the exchange and mobility;
- Lobbying for better recognition of the pedagogical methods through action (particularly in the form of test occupation) at European level.

Every step described above will result in the mobility (one in each country), associated collective work, exchanges between partners, discussions, field visits.

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Empowerment - learning processes to promote solidarity

Target group:

Adult educators who organise courses and trainings of value-orientated and social education; Professionals and volunteers in NGOs; Adult learners in general, among them especially members of disadvantaged groups as migrants and senior citizens

Project Summary:

The project refers to some actual trends of social exclusion, powerlessness and (lack of) solidarisation, of which Europe is affected. The processes of economic globalization, boosted by the recent financial crisis give to many citizens of the European countries the impression of being exposed to powerful and hardly perceptible structures and procedures. All these trends lead to a collective feeling of anxiety, insecurity and powerlessness among the citizens of Europe. Increasing the practical relevance of the value of "solidarity" is a challenge and a chance for Europe. During the last years innovative conceptions have been developed which are appropriate to overcome a passive attitude and to promote and enhance solidarity attitudes and actions. Specific objectives:

- screening, comparing and identifying research results of sociology and psychology about the status and the actual tendencies of increase and decrease of solidarity;
- defining quality criteria for successful strategies for raising solidarity, such as the ability for critical analysis and of ethical reflexion;
- screening, comparing and identifying didactic approaches, contents, methods and tools of the adult education suitable for enhancing solidarity.

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Young people in action

Target group:

Young people aged 18 - 30 years

Project Summary:

The main objective of this project is to bring together communities and municipal councils from different European countries to exchange ideas, experience and knowledge to improve the welfare of young people aged 18-30 years. The benefits of the project are two-fold. On one hand, young people are involved in activities for more efficient use of their free time, and on the other hand, municipal administrations are supported by youth clubs and increase civic awareness of young people.

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New Perspectives On Parents Education

Target group:

Parents

Project Summary:

The aim of collaboration is to carry out a common project, integrating partners institutions' experience in order to develop news ways of guidance to parents, aimed at improving parental involvement in the education of their children and to provide educational strategies on general topics and specific problems aimed at families. The specific objectives of the partnership are: to analyze the parent training activities that are carried out in our organizations and countries; to exchange the information resulting from the objective; to create together a Parent Training Programme; every member to develop in his/her country the Parent Training Programme; to evaluate the experiences; to draw up a good practice manual. The subjects or problems we intend to address: the identification of the educational needs of parents; the checking of the European experiences that are being developed in the field of parents education; new methodologies and didactic materials for parents education; the use of ICT in parents education; the training of emotional and educational competences of parents; the creation of support networks amongst parents; the social inclusion of parents with a low socio-cultural level and immigrants. The approach we will take to achieve our objectives is based on the active participation of all the members of the association.

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ME(U)MORIES

Target group:

Senior citizens - willing to learn and be part of the community social life; young people, volunteers; the staff of partner organizations

Project Summary:

The project deals with senior citizens and promotes their active role in the local community, helps them to get up to speed with digital technology, improves their language skills and develops cross generation activities. The project activities will enable two different generations to understand better each other and to promote both community and European spirit. All partners will discover the history of their local community on the basis of senior citizens' memories, pictures, experiences, stories and movies from the past. The history will be investigated from a point of view that will help both generations understand more about the past of EU countries and the basics of EU (development of local communities related to the history of the XX century). All partners will provide seniors citizens with both ICT training and language classes to enable them to participate in creating a project output – the Local Communities Memory book. The project will also enable all partners to provide seniors with social activities to engage them in a social community life and make them closer to the young generation.

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Self-Assessment Of The Needs of Family Carers: The Pathway To Support

Target group:

Family carers, i.e. non-professionals who are the main providers of some or of all the care given to a friend or a family member with care needs for the activities of daily living (whatever the cause of the care needed: disability, illness, ageing, accident, etc.)

Project Summary:

Analysing family carers' needs and the obstacles to their own perception of those needs (psychological obstacles, lack of time, etc.);

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National office,
Market square, Co. Offaly
tel.: +353 57 932 29 20
ceo@careresireland.com,
cduffy@carersireland.com

Panycyprian Organization of Large Families (POP)

Cyprus, 1060 Nicosia,
7 Stasandrou Str.
tel.: +357 22 758 622
polyteknon@cytanet.com.cy

Partners:

Association des Parents d'Enfants Mentalement Handicapes

Luxemburg, 4976 Bettange sur Mess,
Domain du Chateau,
10 rue du Chateau,
tel.: +352 37 91 911
apemh@apemh.lu
sylvie.hirtz@apemh.lu

Union Nationale des Association de Parents de Personnes Handicapees Mentales et de leurs amis (UNAPEI)

France, Paris, Cedex 18,
15 rue, Coysevox
tel.: +33 1 44 85 50 50
av.dommanget@unapei.org

Association dea paralysees de France (APF)

France, 75013 Paris, 17 Auguste
Blanqui Blvd.
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philippe.miet@apf.asso.fr

Coordinamento Familiari Assistenti (Clelia)

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Via Francesco de Sanctis 15,
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cofaas.clelia@alice.it
a.comito@tin.it

Confederación Española de Familiares de Enfermos de Alzheimer y otras Demencias (CEAFA)

Spain, Pamplona 31014, Pedro,
Alcantarena, 3 bajo,
tel.: +34 948 174 517
ceafa@ceafa.es

Klub Mnohodetnych Rodin Slovakia

Bratislava 81103,
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e-mail: kmr@kmr.sk

AP3

Belgium, 1030 Brussels,
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tel.: +32 2 215 51 92
e-mail: info@ap3.be

Human resource development centre

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tel.: (+359 2) 9155 010, fax: (+359 2) 9155 049
e-mail: hrdc@hrdc.bg, <http://www.hrdc.bg>

Working hours:

tuesday and thursday from 14.00 h. to 17.00 h.



HRDC is certified
according to
the standard
ISO 9001:2008

The role of the National agency

Center for Human Resource Development is the National Agency for Bulgaria under the „Lifelong Learning“ (2007-2013).

National Agency plays an important role in the practical implementation of the Program, administered by decentralized actions throughout the project cycle:

- disseminate information about activities the program;
- accept and register nominations;
- organize the selection;
- contract of successful selection candidates;
- payments on contracts;
- monitor and advice of funded projects;
- adopt the reports on these projects;
- organize activities to disseminate and valorisation of the results of successful projects.